Fulfill your LivingWell Promise.

OR

Increase your health awareness.

January 1 - May 1

Vitality Check

(Biometric screening)

Go to www.LivingWell.ky.gov to find a location and schedule an



Health Assessment

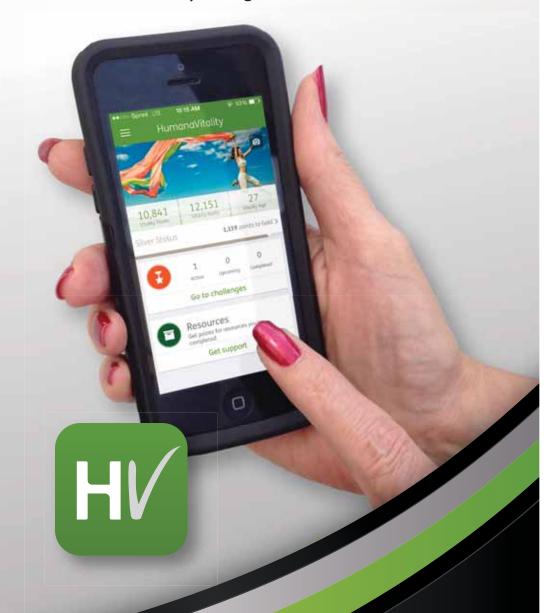
(Quick, online survey)

Taking your health assessment just got easier.

Do one of the following:

• Use your smart phone to download the HV app and take the health assessment.

• Go <u>www.LivingWell.ky.gov</u> and sign into HumanaVitality® to get started.





Living Wellky.gov